

Triathlon and Duathlon					
When	What	Where	Type	VTS	TNP Key Race
1-Apr-07	Virginia Duathlon	Virginia Beach, VA	5k run, 32k bike and 5k run	No	No
7-Apr-07	3 Sports Duathlon	WCP, Richmond, VA	5k run, 25k bike and 5k run	No	Yes
7-Apr-07	3 Sports Duathlon Long Course	WCP, Richmond, VA	10k run, 50k bike and 10k run	No	Yes
Sunday, April 15, 2007	Angels Race VA	Downtown YMCA-Lynchburg, VA	Sprint Triathlon	Yes	
Saturday, April 21, 2007	Kinetic Half	Lake Anna State Park	Half IronMan Triathlon	Yes	
Sunday, April 22, 2007	Kinetic Sprint	Lake Anna State Park-Spotsylvania, VA	Sprint Triathlon	Yes	
Saturday, May 05, 2007	Smith Mountain Lake Triathlon	Smith Mountain Lake State Park - Huddleston, VA	Sprint Triathlon	Yes	
Sunday, May 20, 2007	Reston Sprint Triathlon	Lake Newport Pool-Reston, VA	Sprint Triathlon	Yes	
Sunday, June 10, 2007	Yorktown Sprint	Yorktown Beach Picnic Area-Yorktown, VA	Sprint Triathlon	Yes	
Sunday, June 10, 2007	Engleman 70.3 Triathlon	Cambridge, Maryland	1.2 Mile Swim, 56 Mile Bike, 13.1 Mile Run	No	-
Sunday, June 17, 2007	Little Pepper	Mountain Run Lake Park-Culpeper, VA	Sprint Triathlon	Yes	
Saturday, June 23, 2007	Bath County Triathlon	Lake Moomaw Boat Marina - Warm Springs, VA	Sprint Triathlon	Yes	
30-Jun-07	Age Group National Championships	Portland, OR	1.5k swim, 40k bike, 10k run	No	-
8-Jul-07	Blackwater Traverse Duathlon	Cambridge, Maryland	12k Run - 73k Bike - 8k Run	No	-
Sunday, July 22, 2007	3Sports Triathlon	Shady Grove YMCA-Richmond, VA	Sprint Triathlon	Yes	
Sunday, August 05, 2007	Culpeper Sprint	Mountain Run Lake Park-Culpeper, VA	Sprint Triathlon	Yes	
Saturday, August 18, 2007	Luray Triathlon	Lake Arrowhead Park-Luray, VA	International Triathlon	Yes	
Sunday, August 19, 2007	Luray Triathlon-Sprint	Lake Arrowhead Park-Luray, VA	Sprint Triathlon	Yes	
25-Aug-07	Powerman World Championship Duathlon	Zolfigen, Switzerland	8.5k run, 150k bike and 30k run	No	-
Saturday, September 08	Patriot's Half	Williamsburg, VA	1.2 mile swim -56 mile bike - 13.1 mile run	Yes	
September 22, 2007	Big Lick Triathlon	Smith Mountain Lake State Park - Huddleston, VA	Olympic Triathlon Triathlon	Yes	
30-Sep-07	USAT National Long Course Duathlon Championship	Mansfield, OH	Long Course Duathlon	No	
Saturday, October 06, 2007	Giant Acorn Triathlon	Lake Anna Beach Marina-Bumpass, VA	Sprint Triathlon	Yes	
Saturday, October 20, 2007	Setup Championship Invitational Triathlon 2007	Beaverdam Park - Falls Lake - Raleigh, NC	Olympic Triathlon Triathlon	Yes	
21-Oct-07	ITU Long Course Duathlon World Championship	Richmond, VA	15k run-70k bike-7.5k run	No	-
Registration for 2007 Virginia Triathlon Series to open on January 2, 2007					